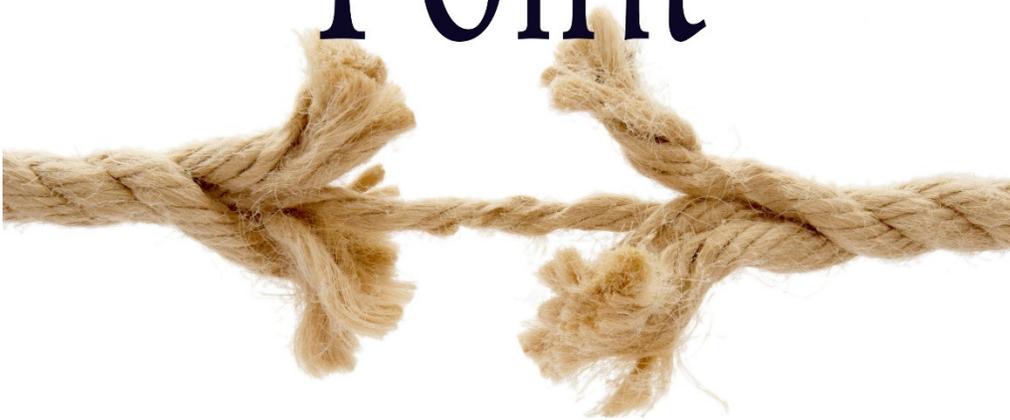


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# Breaking Point



When you are exhausted  
and burned out  
Lessons from the Life of Elijah

Sermon Series Jan 6 - Feb 3

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# *Our Worship of God*

*January 6, 2019*

*11:15 am*

*(† Indicates those who are able, please stand)*

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## ✠ Epiphany of our Lord ✠

**Greeting**

Pastor Carol McEntyre

**Prelude**

Our Great Savior

arr. Hill

**†Call to Worship (responsive)**

Come, all that are weary, all that are carrying burdens so heavy.

**Jesus will give us rest.**

Come, take what Jesus has to offer: love, forgiveness, and grace.

**Christ will give us peace.**

Come, find rest, and learn from Jesus.

**For our Savior will give us rest in our souls.**

Come, let us worship our God.

**Let us follow our Savior, who leads us into life.**

**†Processional Hymn 77**

Praise to the Lord

(Please turn to face the cross as it enters)

**†Invocation (unison)**

**O God of peace, who has taught us that in returning and rest we shall be saved, in quietness and confidence shall be our strength: By the might of your Spirit lift us, we pray, to your presence, where we may be still and know that you are God; through Jesus Christ our Lord. Amen.**

## †Passing the Peace of Christ

### Scripture Reading

Mary Beth Ming

#### 1 Kings 16:29-17:4

In the thirty-eighth year of King Asa of Judah, Ahab son of Omri began to reign over Israel; Ahab son of Omri reigned over Israel in Samaria twenty-two years. Ahab son of Omri did evil in the sight of the Lord more than all who were before him.

And as if it had been a light thing for him to walk in the sins of Jeroboam son of Nebat, he took as his wife Jezebel daughter of King Ethbaal of the Sidonians, and went and served Baal, and worshiped him. He erected an altar for Baal in the house of Baal, which he built in Samaria. Ahab also made a sacred pole. Ahab did more to provoke the anger of the Lord, the God of Israel, than had all the kings of Israel who were before him. In his days Hiel of Bethel built Jericho; he laid its foundation at the cost of Abiram his firstborn, and set up its gates at the cost of his youngest son Segub, according to the word of the Lord, which he spoke by Joshua son of Nun.

Now Elijah the Tishbite, of Tishbe in Gilead, said to Ahab, "As the Lord the God of Israel lives, before whom I stand, there shall be neither dew nor rain these years, except by my word." The word of the Lord came to him, saying, "Go from here and turn eastward, and hide yourself by the Wadi Cherith, which is east of the Jordan. You shall drink from the wadi, and I have commanded the ravens to feed you there."

The Word of the Lord.  
**Thanks be to God.**

**Solo**

Rest In the Lord  
*Ed Rollins*

Mendelssohn

## **Litany of Rest (responsive)**

When we are carrying heavy loads,  
**O God, who never wearies, give us rest.**

When we are exhausted from a hard day's work,  
**O God, who never wearies, give us rest.**

When we feel the stress of too much to think about,  
**O God, who never wearies, give us rest.**

When we grieve for ourselves or for others,  
**O God, who never wearies, give us rest.**

When we think we can't go on,  
**O God, who never wearies, give us rest.**

When we feel tired from being alone,  
**O God, who never wearies, give us rest.**

When we feel far away from you,  
**O God, who never wearies, give us rest.**

When we feel guilty about a wrong we have done,  
**O God, who never wearies, give us rest.**

When we are treated unjustly,  
**O God, who never wearies, give us rest.**

When we are heavy with hopelessness,  
**O God, who never wearies, give us rest.**

**†Hymn 521**

In Heavenly Love Abiding

**†Offertory Sentence**

**Offertory**

Hymn of Promise

arr. Ferguson

**Message**

Carol McEntyre

**Preparation for Communion**

As the Deer

arr. Wagner

## †Observance of Holy Communion

### Words of Invitation

Hear the words of our Savior:  
“Come to me, all you who labor and are heavy laden,  
And I will give you rest.  
Take my yoke upon you, and learn from me,  
For I am gentle and humble in heart,  
And you will find rest for your souls.”  
Come, then, for all is ready.

**We come not because we ought, but because we may,  
Not because we are righteous, but because we are penitent,  
Not because we are strong, but because we are weak,  
Not because we are whole, but because we are broken.**

### Words of Institution

The Bread Broken, the Cup Shared

†Hymn of Commitment 519

It is Well

†Benediction

Postlude

Come, Christians, Join to Sing

arr. Helvey

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## Week at a Glance

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### Monday, January 7

**9-10:30 Senior Yoga**

*Parlor*

**1-3 pm Staff meeting**

*Library*

**5:30 pm Visioning Team Meeting**

*Library*

**5:30 pm Diaconate Meeting**

### Tuesday, January 8

**11:45 am-2 pm Crafty Critters**

*E2*

**5:30 pm Finance Committee**

*Conference Room*

### Thursday, January 10

**5:30 pm Church Council Meeting**

*Conference Room*

**6:00 pm Praise Band Rehearsal**

*Fellowship Hall*

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## Announcements

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### New Sermon Series: Breaking Point Begins

January 6-February 3

Breaking Point: When you are exhausted and burned out, Lessons from the life of Elijah

If you're feeling stressed out, you're not alone! According to a 2017 Gallup poll, 8 in 10 Americans report they "frequently" or "sometimes" experience stress in their daily lives. The pressures of life can be overwhelming. What do you do when you feel like you are at your Breaking Point? This is the topic for our new sermon series, and it's based on the life of the prophet Elijah found in 1 Kings. Like many of us, Elijah was stressed out and ready to throw in the towel, but he recovered. We can learn a lot about how to take care of ourselves from the life of Elijah. Start your new year by coming to learn about the steps Elijah took to care for himself- sometimes at God's insistence.

### Church Directory Photos – February 7-9

You're invited to be a part of our new photo directory. As you look around you today, you will see that we have new families, there have been weddings, and babies, and kids who are young adults now. We're changing, and a new photo directory will help us capture these changes. Our directory won't be complete without you! We are taking early registration online. See our website homepage for more information.

## Combined Worship and Business Meeting

Join us on Sunday, January 20 at 9:15 am in the Fellowship Hall for Combined Worship and our Annual Business Meeting. We will pause to look back at the highlights of the last year and celebrate all that God has done in and through us. We will talk about ministry plans for 2019. We will vote on the Nominating Committee report and the 2019 budget.

### *For Parents:*

The nursery (Birth-Age 3) will open at 9:15 and remain open until the business meeting ends.

3-5 year olds can also be dropped off the in nursery at 9:15 prior to worship. Our professional staff will escort them to the 3rd floor Children's Ministry area for a time of learning, stories and play until the business meeting ends.

1st-5th graders are encouraged to participate in worship with their family. After worship, at 10:15 First Kids Sunday School will meet as usual during the business meeting.

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# Worship Notes

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Call to Worship, Matthew 11, written by Rev. Mindi, and posted on **Rev-o-lution**. <http://rev-o-lution.org/>

Litany of Rest, by Sharlande Sledge, © 1999 by Smyth & Helwys Publishing

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Thank you for worshiping with us today! If you wish to share this worship experience with a neighbor, the service is broadcast live, and the sermon is available on our website within a week.



## 11:15 am Traditional Worship Service

*For those who may prefer a more contemporary worship experience, First Baptist Church offers Awakening Contemporary Worship at 9:15 a.m. each Sunday in the Fellowship Hall.*

For Children During Worship:

1<sup>st</sup>- 5<sup>th</sup> Graders are encouraged to participate in worship with their family.

Children (Birth-Kindergarten) can be dropped off in the nursery, located next to the sanctuary, prior to worship where they will be cared for by our professional staff.

10:15 Spiritual Formation Hour:

Birth-Age 3 childcare is provided by our professional staff in the nursery, located next to the sanctuary. First Kids Sunday School (3 years old through 5th grade) is on the third floor. Youth Bible Study (grades 6-12) is on the third floor.

Adult small groups which dive into various topics (visitors and guests welcomed):

Discussion Class in the Parlor on the second floor

Faith Forum in the second floor classroom, next to the elevator

Connections Group in the second floor library.

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1112 E. Broadway | 573-442-1149 | [www.fbc-columbia.org](http://www.fbc-columbia.org)

Church Staff

*Carol McEntyre, Senior Pastor † Ed Rollins, Associate Pastor*

*Michael McEntyre, Associate Pastor of Youth, College and young Adults, and Missions*

*Brittany McDonald Null, Pastoral Resident*

*Yvette Chambers, Director of Children's Ministry, Shelby Myers, Awakening Worship Praise Band Director*

*Colleen Ostercamp, Pianist and Organist, Jess Wolfe, Child Development Center Assistant*

*Susan Goudie, Administrative Assistant, Bethany James, Nursery Director*

*Brenda Rice, Project Coordinator, Michael Ide, Custodian*